



Wellness Beyond The Walls

Karla Mitchell, ND
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C.L.A.S.S. Agency

Changing Lives and Staying Services



- SUD Prevention Services Provider

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Detroit, MI 48219

(313) 412-2160 Office

www.CLASS-Agency.org



Drug Free Communities Coalition





Exhalation Integrative Wellness



- Holistic Health & Wellness | Preventive Services | Integrated Care
 - Naturopathic Acute & Chronic Condition Management/Support
 - Integrated Behavioral Health (WRAP, WHAM and Other Services)
 - Complementary and Alternative Therapies
- SUD Services: Prevention | Intervention | Treatment | Recovery
- Community Outreach & Education

*A Partnering Provider for
Integrative Treatment*
www.EIW-DT.com

+ Pain Management and The Faith-Based Community



For additional information, speaker requests or questions about the contents of this presentation, please contact:

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Holistic Perspective

The Causes of Disease



Holistic Mental Health & Wellness

How we should understand treatment....



Trauma Informed Care



Faith Based Mental Health & Wellness
Beyond Tradition & Convention



Alternative Approaches to Wellness
We Have Answers.....



Natural & Holistic

In-house Laboratory Testing for Integrated Care

Exhalation Integrative Wellness

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